

Scarboro Figure Skating Club COVID-19 RESPONSE PLAN

Completion of Skate Ontario Covid-19 Waiver:

All individuals participating at the Scarborough Figure Skating Club (SFSC) must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 (“COVID-19 Waiver”). Failure to do so means that individual must not participate in any SFSC activities. You will be required to complete the Waiver on Uplifter before you can complete the registration process.

Any individual participating in SFSC activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario: [Waiver](#)

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers

An individual becomes unwell with symptoms of COVID-19:

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual will immediately stop participation in any SFSC related activities.
- The individual will be isolated from all others in a well-ventilated area or outside and provided with a non-medical face mask.
- The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing. For skaters under the age of 18, the parent/guardian will be contacted by phone from the Club office and instructed to pick up their child and follow public health guidelines.
- The facility will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/ disinfecting.
- The office administrator will contact a member of the COVID-19 Oversight Group by phone to inform them of the situation. A member of the COVID-19 Oversight Group will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

An individual is tested for COVID-19:

- Any individual that is part of the SFSC that has been tested for COVID-19 must not participate in any SFSC related activities while waiting for the results of the test.
- The SFSC will consult the Session Participation tracking sheets to inform other members who might have been in close contact with the individual.
- Any SFSC members who were in close contact with the individual should not participate in any SFSC related activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

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An individual tests positive for COVID-19:

- If an individual tests positive for COVID-19, they must inform a member of the SFSC's COVID-19 Oversight Group. A list of the SFSC's COVID-19 Oversight Group and their contact information has been mailed to all club members and is also available on the Club website.
- The SFSC COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other SFSC members who may have been in close contact with the individual.
- Any SFSC members who were in close contact with the individual will not be permitted to participate in any SFSC related activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- The SFSC will inform all members of a positive COVID-19 result.
- The SFSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The SFSC will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing clubsupportservices@skateontario.org.

Return to club/skating activities following illness:

If no test was performed, or the COVID-19 test was negative, the individual may only return to SFSC related activities once they no longer have any symptoms of COVID-19.

Return to club/skating activities following COVID-19:

Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification, restriction, postponing or cancelling of club/skating school activities:

- Based on the evolving COVID-19 pandemic, the SFSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or cancelling activities.
- SFSC members will be informed as soon as possible of any modifications/restrictions or cancellations.
- The SFSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.

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Public Health Guidelines:

SFSC members should follow all public health guidelines regarding COVID-19. These may include:

- Any individuals who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and is not permitted to participate in any SFSC related activities for 14 days.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in any SFSC activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in any SFSC activities.
- Any individual who has someone in their household showing symptoms of COVID-19, is not permitted to participate in any SFSC activities.

Communication plan to keep staff, coaches, skaters, parents, members and volunteers informed during Return to Skate stages:

SFSC members should follow all public health guidelines regarding COVID-19. These may include:

- Up to date contact information for all club members is on Uplifter and a copy is available for both the office administrator and the Covid-19 Oversight committee members as well as posted in the Coaches' Room.
- Depending on the communication, information will be sent in an e-mail, on our website www.sfsc.on.ca, or posted on our social media: Facebook, Instagram.
- Daily session attendance sheets will serve to confirm each skater's responses to the verbal health screen questionnaire and are filed in the office.