

# SCARBORO FIGURE SKATING CLUB



*"Skating is for Everyone"*

## 2020 - 2021 Fall/Winter Programme

Conveniently located at:

The **ICE GALAXY**  
Scarborough Centennial Recreation Complex  
1967 Ellesmere Road  
Scarborough, Ontario M1H 2W5  
(416) 438-9508

Visit us on the Internet at [www.sfsc.on.ca](http://www.sfsc.on.ca)  
Or contact us by email at [scarboro.fsc@sympatico.ca](mailto:scarboro.fsc@sympatico.ca)  
Club Number: 1000464

Home of Canadian National Team Members, Olympic & World Team Members  
National & International Competitors

Sanctioned by Skate Canada



## A MESSAGE FROM YOUR CLUB

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Dear Skating Families,

We at the Scarboro Figure Skating Club trust that you and your loved ones are keeping safe and are ready to enjoy a new normal this fall as we transition back to school and sports. We are looking forward to your safe return to skating at the Ice Galaxy.

As you can imagine, the 2020-2021 skating season will look different. We are working collaboratively with the City to have the necessary protocols in place to protect the health and safety of every member of our community. Our coaches will teach and our skaters will learn in new ways, but what won't change is our commitment to creating a fun and inclusive environment for our members to build their skills and pursue their love of skating.

Necessary changes have been made to our session sizes in accordance with Skate Ontario rules. To protect everyone's health and safety and to provide a smooth transition to new protocols, session numbers will be limited. We will revise upward when permitted and ready to do so. If you are on a waitlist, we will let you know when a spot opens up.

Junior, Intermediate, Advanced and Elite sessions are currently limited to a maximum of 20 people on the ice. There must be at least one coach on ice on each session so this means 19 skaters + 1 coach maximum. Additional coaches are permitted to coach from the side. Please ensure you contact your private coach before registering to confirm there will be room on your preferred session(s). If you do not contact your private coach first to have your name added to the master coaching lists, we cannot guarantee your registration. Coach-approved guarantees for sessions will expire on Sunday, September 13 at 11:59 PM. Skaters who register without touching base with their coach may find their name removed from certain sessions and placed on a waitlist even though they have registered. Refunds requested because the skater registered outside of the coaches' master list will be subject to \$25 service fee per session. (applies only to Junior, Intermediate, Advanced and Elite skaters). CanSkate, and CanPower participants may register as they wish up to the skater maximum.

You will be provided with a separate package of information outlining all the COVID-19 related protocols and rules. If you have questions, ask your private coach. If you do not have a private coach contact the skating office by email or phone.

Please be advised, everyone who enters the facility must abide by social distancing and masking policies. We will continue to update you as more information becomes available. We will all continue to work together to help one another adjust and adapt.

Thank you for your support of the Scarboro Figure Skating Club. We can't wait to see all your smiling faces again!

Sincerely,

*The Board of Directors of the Scarboro Figure Skating Club*

## ABOUT THE CLUB

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The Scarborough Figure Skating Club, is a Not-For-Profit organization dedicated to increasing the well-being of children physically, emotionally and socially. Each and every member is valued regardless of skating ability. We provide ice time, professional coaching and a safe, positive, enthusiastic and stimulating training environment at a reasonable price. We strive to educate our members and advocate for efficient figure skating training programmes. The Scarborough Figure Skating Club recognizes commitment with incentives and rewards.

The SFSC is one of the oldest clubs in Canada and will celebrate its 70th anniversary in 2021! We are a member of Skate Canada, the oldest and largest figure skating organization in the world with over 180,000 members, 1200 skating clubs and 5,500 coaches. There are 10 regional sections- ours is Skate Ontario.

Our facility, the Ice Galaxy, has a board-free, Olympic size ice pad used only for figure skating. It has a mirrored wall, rubber matting all around and sessions year-round for every level from Learn to Skate to Olympic.

Award winning skaters in 2019- 2020:

**Piper Gilles & Paul Poirier**

2020 National Gold Medallists, 2018 Canadian Olympic Team

**Nadiia Bashynska & Peter Beaumont**

2020 National Junior Silver Medallist

**Emma Goodstadt & Michael Barsoum**

2020 National Novice Silver Medallist

### OUR PROGRAMMES:

- Low skater/instructor ratio
- Groupings by age and ability
- Students evaluated and tested regularly
- Family discounts
- Dryland class included with every figure skating session
- Achievement badges for levels completed
- Step by step instruction in pleasant, supervised surroundings makes learning safe and easy

### OFFICE HOURS

(Starting September 22nd, 2020)

Tuesday: 4:15- 8:15 pm

Wednesday, Thursday, Friday: 3:45- 7:45 pm

Saturday 9:00 am- 1:00 pm



# SCARBORO FSC BOARD OF DIRECTORS

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President	Debra Mendes
Vice President	Richard Moore
Secretary	Ann-Marie Urquhart
Treasurer	Dan Goodstadt
Directors at Large:	Ahmer Ali
	Penny Barsoum
	Ruzanna Boctor
	Ian Inward
	Carol Lane
	Jim Miller
	Liz Todd
Coaching Representative	Mary Matthews

The Scarborough Figure Skating Club is run by a Board of Directors. Instruction is provided by Professional Coaches who are independent contractors.

## **VOLUNTEERS**

Where would we be without those wonderful people who give so generously of their time and experience to help all the members of our Club? Volunteers are always needed and greatly appreciated! If you have executive or creative skills or a special talent or access to special services you think might be of use to our Club- we'd love to hear from you. Please contact the office by phone or email.

**Board of Directors-** Monthly meetings.

**Bring on the Fun!**- Huge annual Performance Day at the end of April with participants from all over Ontario. (Tentatively scheduled contingent upon Skate Ontario guidelines at the time of the event).

**Ice Show-** Held every other year in odd numbered years. The Ice Show is for ALL skaters regardless of level. 2021 was scheduled to be an ice show year but unfortunately, due to the length of time it takes to prepare for such an event coupled with the uncertainty about the future, the ice show will not take place in 2021.

**Committees-** to help with music, social events....and more!

## **ANNUAL GENERAL MEETINGS**

The Scarborough FSC is a member club of Skate Canada. The Annual General Meeting is usually held in May to elect our Board of Directors. This year, due to COVID-19, we will hold the 2020 meeting in the fall. All members and their parents are invited to attend. Members over 18 are entitled to a vote; a parent may vote for their child under the age of 18.

## CALENDAR OF EVENTS

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Season Begins	September 22, 2020
CanPowerSkate Begins	October 14, 2020
2020 Annual General Meeting	November 20, 2020
Club Closures (dates inclusive)	
Christmas/New Year	Dec 20-Jan 4, 2021
Junior and up Resumes	January 5, 2021
CanSkate Begins	January 8, 2021
CanPower Resumes	January 13, 2021
March Break	March 15- 20, 2021
Good Friday	April 2, 2021
Scarboro Skate "Bring on the Fun" (all sessions cancelled)	April 23- 25, 2021
CanPower Ends	May 12, 2021
CanSkate Ends	May 14, 2021
Junior & Up Ends	May 15, 2021
Test Days *	Nov 25, 2020 January 28, 2021 March 31, 2021 May 11, 2021
2021 Annual General Meeting	May 14, 2021 (tentative)

\*all sessions including CanSkate & CanPower are cancelled on Test Days

Due to COVID-19, our usual Club activities that create large gathering sizes such as Club Performance Day, the biannual Ice Show, the Valentine's Family Skate and in-house seminars are suspended until further notice.

In order to comply with Province of Ontario, Skate Canada and Skate Ontario guidelines and to ensure that every session is organized in a safe and responsible manner while maintaining a strong skating programme, the club has made significant revisions to our schedule and fees.

The SFSC reserves the right to make on-going alterations to the schedule in accordance with COVID-19 guidelines.

A minimum enrolment number will be required for sessions to run.

## 2020 - 2021 SCARBORO FIGURE SKATING CLUB WINTER SKATING SCHEDULE

September 22, 2020 - May 15, 2021 (please refer to Calendar of Events for specific program start/stop dates)

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CANSKATE</b> (passed Stage 1 or equivalent or by arranging an assessment)	<b>CanSkate begins January 8, 2021</b>				
		On Ice: 6:30- 7:15 pm (January 13-May 12, 2021)		On Ice: 6:30- 7:15 pm (January 8-May 14, 2021)	On Ice: 11:45 am-12:30 pm (January 9-May 8, 2021)
<b>CANPOWERSKATE</b>	<b>CanPower begins October 14, 2020</b>				
		On Ice: 6:30- 7:15 pm*			
<b>JUNIOR</b> (dedicated Junior level session. Passed Stage 5 and Up)	On Ice: 5:45 - 6:45 PM Dryland: 7:00 - 7:30 pm		Dryland: 5:45- 6:15 pm On Ice: 6:30- 7:30 pm		Dryland: 11:00-11:30 pm* On Ice: 11:45- 12:45 pm*
<b>OPEN: JUNIOR &amp; UP</b> (Jr, Int, Adv, Elite)	Dryland: 6:15-6:45 pm On Ice: 7:00-8:00pm	On Ice: 4:00- 5:00 pm Dryland: 5:15-5:45 pm	Dryland: 4:30-5:00 pm On Ice: 5:15-6:15 pm	Dryland: 4:30-5:00 pm On Ice: 5:15-6:15 pm	On Ice: 9:15-10:15 am Dryland: 10:30-11:00 am
				Dryland: 5:45- 6:15 pm* On Ice: 6:30-7:30 pm*	
<b>OPEN: INTERMEDIATE &amp; UP</b> (Int, Adv & Elite)	On Ice: 4:30 - 5:30 pm Dryland: 5:45-6:15 pm	On Ice: 4:00- 5:00 pm Dryland: 5:15-5:45 pm	On Ice: 4:00- 5:00 pm Dryland: 5:15-5:45 pm	On Ice: 4:00- 5:00 pm Dryland: 5:15-5:45 pm	On Ice: 9:15-10:15 am Dryland: 10:30-11:00 am
	Dryland: 6:15-6:45 pm On Ice: 7:00-8:00pm			Dryland: 4:30-5:00 pm On Ice: 5:15-6:15 pm	
	Dryland: 7:30-8:00 pm On Ice: 8:15-9:15 pm	Dryland: 4:30-5:00 pm On Ice: 5:15-6:15 pm	Dryland: 4:30-5:00 pm On Ice: 5:15-6:15 pm	Dryland: 5:45- 6:15 pm* On Ice: 6:30-7:30 pm*	Dryland: 9:45-10:15 am On Ice: 10:30-11:30 am
<b>DANCE PROGRAMME</b>	Competitive teams : See "Ice Dance Elite" Brochure		For more information about our Dance programme, please contact Carol Lane at 905-435-0892 or <a href="mailto:cjlane57@hotmail.com">cjlane57@hotmail.com</a>		

\* Times for some Wednesday, Friday and Saturday sessions will run one hour later in January when CanSkate begins

# DESCRIPTIONS & QUALIFICATIONS

Skaters may only skate on sessions for which they are qualified.

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## **CANSKATE**

Must have passed CanSkate Stage 1 (or equivalent) and up. We can take working-on-Stage 1 skaters on a case-by-case basis if they can get up on their own and manoeuvre without hands-on assistance. If you do not meet the Passed Stage 1 criteria, please contact the club to arrange an assessment before registering. Teaches the basic elements of skating. Includes a 15-minute group lesson taught by a professional coach. Semi-private and private lessons also available. CSA (Hockey) Helmets are mandatory for all skaters until they have passed Stage 5.

## **ACADEMY**

Unfortunately, we are unable to run Academy, our Enhanced CanSkate Programme, this season. Watch for it to return in the 2021-2022 season.

## **CANPOWERSKATE**

Must have passed CanSkate Stage 3 and/or be able to skate the length of the ice and stop. Designed to enhance the skating skills needed for hockey and ringette. Full CSA approved equipment must be worn.

## **JUNIOR**

Must have passed CanSkate Stage 5 badge. Private Coaching is strongly recommended. No hockey or leisure skates allowed.

## **INTERMEDIATE**

Must have passed STAR 1 Free Skate plus any other two STAR tests AND Junior Free Skate 3 badge.

## **ADVANCED**

Must have passed STAR 5 Free or Member of Axel Club or have passed Senior Bronze Skills or Senior Bronze Dances.

## **ELITE**

Must have passed Senior Bronze Free or Member of any Double Jump Club or Junior Silver Skills or complete Junior Silver Dance Test.

**OPEN JUNIOR & UP** - Open to qualified Junior, Intermediate, Advanced & Elite skaters.

**OPEN INTERMEDIATE & UP** - Open to qualified Intermediate, Advanced & Elite skaters.

**DRYLAND** - Off ice conditioning

## FEES 2020 - 2021

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### LEARN TO SKATE PROGRAMMES:

<b>CANSKATE*</b>	\$ 325
Each additional session	\$ 200
<b>CANPOWERSKATE*</b>	\$ 865

### FIGURE SKATING PROGRAMMES:

#### JUNIOR, INTERMEDIATE, ADVANCED, ELITE\*

Membership inc. first day	\$ 925
Add a second day	\$ 600
Add a third day	\$ 550
Add a fourth day	\$ 500
Add a fifth or more day	\$ 450 each

### ICE DANCE PROGRAMMES:

Ice Dance Elite High Performance  
Ice Dance Programme

For more information about our Dance programme,  
please contact Carol Lane at 905-435-0892 or  
[cjlane57@hotmail.com](mailto:cjlane57@hotmail.com)

#### \*Additional Fees:

Skate Canada & Safe Sport Fee	\$ 44
Club Administration fee	\$ 40
Club Administration fee (CanSkate)	\$ 30

### YOUR SKATE CANADA NUMBER

Skate Canada provides programmes and services for all branches including Recreational, Competitive and STARSkate.

When you join a Skate Canada club such as the Scarborough Figure Skating Club, you are required to pay a Skate Canada & Safe Sport fee of \$44.00 per year to Skate Canada. This fee entitles you to access to Skate Canada services such as tests and competitions and the Skate Canada Members Only site at:

<https://members.skatecanada.ca/>.

Your membership is valid from September 1<sup>st</sup>, 2020 to August 31<sup>st</sup>, 2021.

Skate Canada returns a portion of membership fees to our Section, (Skate Ontario) to support programmes and skaters in this province. You will need to provide your number when you register for tests and events. Once registered, this number becomes your number for life.

Government ordered COVID-19 related shut-downs, 14 days or greater, are eligible for credits/refunds. Credits from the 2019-20 season will be applied towards 2020-21 fees.

## REGISTRATION INFORMATION

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All membership fees must be paid in full via Uplifter on the Club website. If you don't already have one, you'll need to create an account to register. Fees include the sessions and Dryland as stated in this brochure. The \$44 Skate Canada/Safe Sport fee is levied and collected by Skate Canada on an annual basis. Membership in Skate Canada is valid from September 1<sup>st</sup>, 2020 to August 31<sup>st</sup>, 2021.

Guest skating by non-home club skaters is suspended until further notice. Home club members Junior and Up Only: \$20, payable by Uplifter. Skaters may only skate on a session for which they are qualified. Skaters must register before skating and must contact their private coach prior to registering to ensure there is room on the session that day.

Family Memberships (2 or more skaters): A 10% discount is applied to the 2nd membership and a 15% discount for the 3rd and subsequent memberships within an immediate family only (excludes Skate Canada fees).

All regular sessions are cancelled for Test Days. To be eligible to take a test, all outstanding fees must be paid before going on the ice.

SFSC accepts Interact payment, Visa and M/C. Registrations over \$600 may be post-dated as follows- 40% at registration, 30% on Dec 1, 2020, 30% on Feb. 01, 2021. Failure to pay on time may result in ice privileges being revoked.

THERE ARE NO MAKEUP SESSIONS.

After registration, only one change is permitted per application at a cost of \$15. There is a 10% charge of your total registration fee (min. \$20) for withdrawals before opening day. All declined credit and debit card transactions are subject to a \$25 administration charge.

NO REFUNDS will be processed after opening day except for major medical reasons accompanied by a doctor's certificate. The Board of Directors must approve all refunds.

A minimum & maximum number of skaters may be applied to all sessions at the discretion of the Board of Directors and in compliance with Provincial, Skate Ontario and Skate Canada COVID-19 guidelines. All sessions are subject to cancellation.

*Scarboro Figure Skating Club reserves the right to make changes to its programs as deemed necessary.*

*The SFSC cannot be held responsible for any errors or omissions or sessions lost due to factors beyond our control.*

## COACHING STAFF

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Lynn Tennant  
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### CanSkate Only Coaches:

Shaelene Katrayan  
647-631-1710  
[shaelenekatrayan@gmail.com](mailto:shaelenekatrayan@gmail.com)

Nikki Yorgiadis  
416-720-2019  
[nikkiyorgiadis@gmail.com](mailto:nikkiyorgiadis@gmail.com)

Liz Todd

CanSkate/Academy & Free Skate Coordinator ..... Cheryl Richardson  
Dance Coordinator ..... Carol Lane