

**THE SCARBORO FIGURE SKATING CLUB**

**PRESENTS**

**THE 35th ANNUAL**

**URSULA LEHMING  
SCARBORO SKATE**

**INVITATIONAL SKATING COMPETITION**



**APRIL 23, 24, 25, 2010**

**Sanctioned by Skate Canada and the USFSA**

**Scarborough Centennial Recreation Complex  
1967 Ellesmere Road  
Scarborough, Ontario**

**Scarboro Figure Skating Club Website: [www.sfsc.on.ca](http://www.sfsc.on.ca)**

# SCARBORO SKATE 2010

This competition will be held in accordance with the general rules and regulations of Skate Canada.

**The Cumulative Points Calculation System (CPC) will be used for the Competitive categories, and the One by One (OBO) system for all other categories in this competition.**

## ENTRY FEES:

COMPETITIVE (Short or Free)	\$70.00 for 1 <sup>st</sup> category
* NEW* COMPETITIVE PAIRS	\$80 per couple
* NEW* COMPETITIVE DANCE (compulsory and free)	\$120 per couple
* NEW* COMPETITIVE TEST	\$40.00
STARSkate (Singles\Interpretive )	\$60.00 for 1 <sup>st</sup> category
BIATHLON	\$100.00 per couple
TRIATHLON	\$105.00
SOLO Dance / ELEMENT Programs	\$40.00
Additional Category	\$40.00

## FORWARD ENTRIES TO:

Wayne Brooks, Registrar  
31 Gunton Drive  
Etobicoke, Ontario  
M9W 3H3  
416-749-6553  
E-mail: [waynebrooks@sympatico.ca](mailto:waynebrooks@sympatico.ca)

**Competitive Short and Free Programs are TWO SEPARATE CATEGORIES.** Separate entry forms must be completed for each event entered and all entries must be submitted together.

**FEE PAYABLE:** Cheques and money orders dated no later than March 10, 2010 are to be made payable to SCARBORO SKATE. Fee must accompany entry form(s). A service charge of \$25.00 will be levied for returned cheques.

**ENTRY DEADLINE:** Entries must be RECEIVED prior to 4:30 pm on **March 10, 2010 regardless of postmark or courier date.** The host committee reserves the right to limit the number of entries in any category. Late entries will be accepted at the discretion of the host committee and will be subject to \$25.00 late fee.

**EARLY BIRD ENTRY DEADLINE:** Entries must be RECEIVED prior to 4:30 pm on **February 24, 2010 regardless of postmark or courier date.**

**REFUNDS AND WITHDRAWALS:** Except as outlined below, no refunds will be given after March 10, 2010.

**ELIGIBILITY:** All test and age qualifications for STARSkate events are as of Feb.1, 2010. An official of the home club must verify age and test status on entry forms. Failure to do this will delay entry into the competition.

**Birth Certificates:** Copy of the birth certificate must accompany each entry with age restrictions (Pre-Juvenile, Juvenile and Junior categories)

**SKATING UP:** Skaters may enter a category one level above the level for which they are qualified to compete. They may compete at either level, but not at both levels.

**RESTRICTIONS:** In the case of a very large entry in any category the entries will be drawn into groups. All drawn groups are final and cannot be changed. Categories with only one entry will be given the option of skating an exhibition or skating in a higher category if it is available. The decision is to be made by the Technical representative based on availability of the ice time. Singles skaters are permitted to enter only one singles category, Dance & Pairs skaters are permitted to enter only one category of a similar type, i.e. one free program + one short program, or one compulsory + one original dance + one free dance.

## ADMISSION FEES:

	Daily	All Event
Adults	\$6.00	\$15.00
Seniors / Children (Under 10)	\$3.00	\$6.00

**ICE SURFACES:** Ice Galaxy: 61.5 x 31 meters Centennial: 61.5 x 26 meters

**REGISTRATION:** All competitors, coaches & officials are required to register on arrival. All coaches must wear their photo ID & competition accreditation.

**MUSIC:** Two compact discs or one compact disc + one cassette are required for each category entered. One program only per tape or CD. These copies must be clearly marked and signed in at registration.

**ACCOMMODATION:** A selection of nearby hotels/motels is set out below. Competitors are responsible for their own accommodation arrangements.

Delta Toronto East:	416-299-1500	1-800-268-1133
Holiday Inn Express	416-439-9666	1-800-465-4329
Travelodge:	416-299-9500	1-800-578-7878

**AWARDS:** Skaters placing First, Second, or Third in their category (or group in STARSkate categories) will receive medals.

**TEAM AWARD:** The “Ruth Phillips Trophy” will be presented to the Club accumulating the highest total points.

**CONFIRMATION OF ENTRY:** A Schedule and list of entries will appear on the Scarboro Website [www.sfsc.on.ca](http://www.sfsc.on.ca)  
No individual confirmations will be forwarded to the skaters or coaches.

## COMPETITIVE SINGLES CATEGORIES

The Cumulative Points Calculation Judging System (CPC) will be used for all competitive categories. All free programs must meet the Well Balanced Program content requirements as established by Skate Canada. The short program elements will be those required for the 2010-2011 competitive season. (Group B – Pre-Novice Men, and Group C – Junior Men & Junior Women)

The categories and age restrictions are those for the 2009-2010 season. All categories will be final events.

Short and Free Programs are separate categories and require separate entry forms. All times are +/- 10 seconds, except where noted.

**PRE-JUVENILE:** Must have passed the Junior Bronze Free Skate Test.  
**Age** under 11 years (ladies) and under 12 years (men) as of July 1, 2009.  
**Photocopy of Birth Certificate must be sent with entry form.**  
Program Length: 2.5 minutes

**JUVENILE:** Must have passed the Juvenile Competitive Free Skate Test (USFSA Juvenile Free Skate Test) or higher.  
**Age** under 12 years (ladies) and under 13 years (men) as of July 1, 2009.  
**Photocopy of Birth Certificate must be sent with entry form.**  
Program Length: 2.5 minutes

**PRE-NOVICE:** Must have passed the Pre-Novice Competitive Test (USFSA Intermediate Free Skate Test) or higher.  
Short Program Length: 2 minutes 30 seconds maximum.  
Free Program Length: 3.0 minutes.

**NOVICE:** Must have passed the Novice Competitive Test (USFSA Novice Free Skate Test) or higher.  
Short Program Length: 2 minutes 30 seconds maximum.  
Free Program Length: Ladies 3.0 minutes Men 3.5 minutes.

**JUNIOR:** Must have passed the Junior Competitive Test (USFSA Junior Free Skate Test) or higher  
**Age** under 19 years as of July 1, 2009.  
**Photocopy of Birth Certificate must be sent with entry form.**  
Short Program Length: 2 minutes 50 seconds maximum.  
Free Program Length: Ladies 3.5 minutes Men 4.0 minutes.

**SENIOR:** Must have passed the Senior Competitive Test (USFSA Senior Free Skate Test).  
Short Program Length: 2 minutes 50 seconds maximum.  
Free Program Length: Ladies 4.0 minutes Men 4.5 minutes.

## DANCE CATEGORIES

**NOTE: Juvenile to Novice will be offered as combined categories only.**

The Cumulative Points Calculation Judging System (CPC) will be used for all competitive categories. All free programs in the 2009/2010 competitive season must meet the well-balanced program content requirements established by Skate Canada.

**NOVICE:** Must have passed: The Novice Competitive Dance Test or higher.  
Compulsory Dance: TBA – please check [www.sfsc.on.ca](http://www.sfsc.on.ca) for dances  
Free Dance Program Length: 3 Minutes

**PRE-NOVICE:** Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher.  
Compulsory Dance: TBA – please check [www.sfsc.on.ca](http://www.sfsc.on.ca) for dances  
Free Dance Program Length: 2 Minutes 30 Seconds

**JUVENILE:** Each partner must have passed the complete Junior Bronze Dance Test or higher  
Compulsory Dance: TBA – please check [www.sfsc.on.ca](http://www.sfsc.on.ca) for dances  
Free Dance Program Length: 2 Minutes

**PRE-JUVENILE:** Each partner must have passed the complete Preliminary Dance test and must not have reached the age of 14 on July 1, 2009

Compulsory Dance: TBA – please check [www.sfsc.on.ca](http://www.sfsc.on.ca) for dances

## PAIRS CATEGORIES

The Cumulative Points Calculation Judging System (CPC) will be used for all competitive categories. All free programs in the 2009/2010 competitive season must meet the well-balanced program content requirements established by Skate Canada.

- NOVICE PAIR:** Must have passed Novice Competitive Pair test or higher.  
Short Program Length: 2 Minutes 40 Seconds  
Free Skating Program Length: 3 Minutes 30 Seconds
- PRE-NOVICE PAIR:** Must have passed Pre-Novice Competitive Pair test or higher.  
Short Program Length: 2 Minutes 40 Seconds  
Free Skating Program Length: 3 Minutes
- JUVENILE PAIR:** Must have passed Juvenile Competitive Pair test or higher.  
Free Skating Program Length: 2 Minutes 30 Seconds
- PRE-JUVENILE PAIR:** Each partner must not have passed any Pair test and must have passed the complete Preliminary Free Skating test but not higher than the complete Junior Bronze Free Skating test and must not have reached the age of 14 on July 1, 2009.  
Free Skating Program Length: 2 Minutes 30 Seconds  
Overhead lifts are not allowed.

## FREESKATE CATEGORIES

All freeskate categories will be judged using the 2009–2010 Skate Canada – Central Ontario Well Balanced Program technical requirements as posted on the CO website (Coaches' Technical Page) and the STARSkate Competition Technical Package on the Members login of the Skate Canada website.

Entry into the STARSkate categories (exception – Pre-Juvenile skaters) is restricted to skaters who did NOT COMPETE at the 2010 Sectional Champions (held in November 2009). The Pre-Juvenile skaters may participate in the STARSkate Freeskating categories. For the purposes of interpretation of this regulation, registration for a Sectional event is defined as the submission of a registration for such event.

Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional or Sectional qualifying competition may register to compete in STARSkate event categories at the 2010 Scarboro Skate competition other than those competed at a Sectional Competition. Example: a skater who entered Pre-Novice Singles at the Sectional level may compete in a STARSkate pair category.

Based on the number of entrants, some categories may be divided into groups by age and each group will be a final event. All times are +/- 10 seconds. Skaters may skate up one level above the level for which they are qualified to compete. They may compete at either level, but not at both levels. All test qualifications for STARSkate categories are as of Feb. 1, 2010.

## INTRODUCTORY AND PRE-PRELIMINARY FREESKATE CATEGORIES

**Description:** A freeskate routine to music (1 ½ minutes). Skaters must provide their own music. Costumes and Props are not permitted.  
Any jumps performed beyond the permitted level will be penalized.  
Skaters must not have passed the Preliminary Test.

**INTRODUCTORY A:** Must not have passed any part of the Preliminary Free Skate Test or any complete Skate Canada test.  
**Waltz Jump and other ½ rev. jumps, Salchow, Toe Loop, but no higher jumps permitted.**  
Program Length: 1.5 minutes

**INTRODUCTORY B:** Must not have passed any part of the Preliminary Free Skate Test or any complete Skate Canada test.  
**Waltz Jump and other ½ rev. jumps, Salchow, Toe Loop, Flip and Loop, but no higher jumps permitted.**  
Program Length: 1.5 minutes

**PRE-PRELIMINARY A:** Must not have passed the complete Preliminary Free Skate Test.  
**Waltz Jump and other ½ rev. jumps, Salchow and Toe Loop, but no higher jumps permitted.**  
Program Length: 1.5 minutes

**PRE-PRELIMINARY B:** Must not have passed the complete Preliminary Free Skate Test.  
**Waltz Jump and other ½ rev. jumps, Salchow, Toe loop, Flip and Loop, but no higher jumps permitted.**  
Program Length: 1.5 minutes

**PRE-PRELIMINARY STARSkate:** Must not have passed the complete Preliminary Free Skate Test.

**No jump higher than a single Lutz may be included.**

Program Length: 1.5 minutes

## RECREATIONAL AND STARSKATE FREESKATE CATEGORIES

- PRELIMINARY A:** Must have passed the Preliminary Free Skate Test but no higher complete test.  
**All single jumps excluding the Axel jump are permitted.**  
Program Length: 2.0 minutes
- PRELIMINARY B:** Must have passed the Preliminary Free Skate Test but no higher complete test.  
**All single jumps including the Axel jump are permitted. Double jumps are not permitted.**  
Program Length: 2.0 minutes
- PRELIMINARY STARSKATE:** Must have passed the Preliminary Free Skate Test but no higher complete test.  
**All single jumps permitted. May include ONE double jump from 2S or 2T (May not repeat)**  
Program Length: 2.0 minutes
- JUNIOR BRONZE A:** Must have passed the Junior Bronze Free Skate test (USFSA Juvenile Free Skate Test) but no higher complete test.  
**All single jumps including the Axel jump are permitted. Double jumps are not permitted.**  
Program Length: 2.5 minutes
- JUNIOR BRONZE B:** Must have passed the Junior Bronze Free Skate test (USFSA Juvenile Free Skate Test) but no higher complete test.  
**All single jumps including the Axel jump are permitted. May include ONE Double jump.**  
Program Length: 2.5 minutes
- JUNIOR BRONZE STARSKATE:** Must have passed the Junior Bronze Free Skate test (USFSA Juvenile Free Skate Test) but no higher complete test.  
**All single jumps permitted. May include maximum TWO double jumps from 2S, 2T or 2 Loop.**  
Program Length: 2.5 minutes
- SENIOR BRONZE:** Must have passed the Senior Bronze Free Skate test (USFSA Intermediate Free Skate Test) but no higher complete test.  
Program Length: 3.0 minutes
- JUNIOR SILVER:** Must have passed the Junior Silver Free Skate test (USFSA Novice Free Skate Test) but no higher complete test.  
Program Length: 3.5 minutes
- SENIOR SILVER:** Must have passed the Senior Silver Free Skate test (USFSA Junior Free Skate Test) but no higher complete test.  
Program Length: 3.5 minutes
- GOLD:** Must have passed the complete Gold Free Skate test (USFSA Senior Free Skate Test)  
Program Length: Ladies 3.5 minutes      Men 4.0 minutes

## INTERPRETIVE CATEGORIES

Programs are to be choreographed according to the Skate Canada Interpretive program test guidelines.

Program Length: 2.0 minutes – 3.0 minutes (+/- 10 seconds) Vocal music is permitted

- PRE-INTRODUCTORY:** Must not have passed any Skate Canada Interpretive test.
- INTRODUCTORY:** Must have passed the Introductory Interpretive Test but no higher test.
- BRONZE:** Must have passed the Bronze Interpretive Test but no higher test.
- SILVER:** Must have passed the Silver Interpretive Test but no higher test.
- GOLD:** Must have passed the Gold Interpretive Test.

## BIATHLON CATEGORIES

The specifications for each part of the Biathlon categories are outlined in the Skate Canada STARSkate Competition Technical Package 2009-2010 found on the Skate Canada website [www.skatecanada.ca](http://www.skatecanada.ca). The specifications and requirements for a well-balanced Creative Dance program are also available on the Members Login section of the Skate Canada website. Biathlon dance teams may be composed of 2 girls, 2 boys or 1 girl and 1 boy.

### **BRONZE DANCE BIATHLON**

One partner must have passed the complete Junior Silver Dance test, but neither partner shall have passed a higher complete dance test.

This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** European Waltz and Rocker Foxtrot
- **BRONZE CREATIVE DANCE:** One selection of Skate Canada or ISU music or a free choice of music selected from the compulsory dance rhythms of the Senior Bronze Dance test. No time requirement. See program requirements.

### **SILVER DANCE BIATHLON**

One partner must have passed the complete Senior Silver Dance test, but neither partner shall have passed a higher complete dance test.

This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** Harris Tango and Kilian
- **SILVER CREATIVE DANCE:** A 2.0 minute (+/-10 seconds) dance created to Skate Canada or ISU music or a free choice of music or a free choice of music selected from the compulsory dance rhythms of the Senior Silver Dance test. See program requirements.

### **GOLD DANCE BIATHLON**

One partner must have passed the complete Senior Silver Dance test, but neither partner shall have passed a higher complete dance test.

This competition shall consist of 2 parts:

- **COMPULSORY DANCES:** Paso Doble and Blues
- **GOLD CREATIVE DANCE:** A 2.5 minute (+/-10 seconds) dance created to Skate Canada or ISU music or a free choice of music selected from the compulsory dance rhythms of the Gold Dance and/or Diamond Dance tests. See program requirements.

Note: Parts for each Biathlon category are to be skated in the order as listed.

## **TRIATHLON CATEGORIES**

The specifications for each part of the Triathlon categories are outlined in the Skate Canada STARSkate Competition Technical Package 2009-2010 found on the Skate Canada website [www.skatecanada.ca](http://www.skatecanada.ca). The specifications and requirements for a well-balanced program for each part are available on the Members Login section of the Skate Canada website.

### **BRONZE TRIATHLON**

Must have passed at least two of the following tests: Junior Silver Free skate test, and/or Junior Silver Skating Skills test and/or Bronze Interpretive test.

This competition shall consist of 3 parts:

- **Bronze Creative Skating Skills Program** – Music: 2.0 minutes maximum
- **Bronze Interpretive Program** - 2.0 to 3.0 minutes +/-10 seconds in length
- **Free skate Program** as per Junior Silver requirements - 3.5 minutes +/-10 seconds

### **SILVER TRIATHLON**

Must have passed at least two of the following tests: Senior Silver Free skate test, and/or Senior Silver Skating Skills test and/or Silver Interpretive test.

This competition shall consist of 3 parts:

- **Silver Creative Skating Skills Program** – Music: 2.0 minutes maximum
- **Silver Interpretive Program** - 2.0 to 3.0 minutes +/-10 seconds in length
- **Free Skate Program** as per Senior Silver requirements - 3.5 minutes +/-10 seconds

### **GOLD TRIATHLON**

Must have passed at least two of the following tests: Gold Free skate test, and/or Gold Skating Skills test and/or Gold Interpretive test.

This competition shall consist of 3 parts:

- **Gold Creative Skating Skills Program** – Music: 2.0 minutes maximum
- **Gold Interpretive Program** - 2.0 to 3.0 minutes +/-10 seconds in length
- **Free Skate Program** as per Gold requirements - Ladies 3.5 minutes, Men 4.0 minutes +/-10 seconds

Note: Parts for each Triathlon category are to be skated in the order as listed.

## SOLO DANCE CATEGORIES

All music will be selected from Series 8

**PRE-PRELIMINARY:** Must not have passed the complete Preliminary Dance Test

Dances: Dutch Waltz – 2 Patterns  
Canasta Tango – 2 Patterns

**PRELIMINARY:** Must have passed the complete Preliminary Dance Test but no higher complete dance test.

Dances: Dutch Waltz – 2 Patterns  
Baby Blues – 3 Patterns

**JUNIOR BRONZE:** Must have passed the complete Junior Bronze Dance Test but no higher complete dance test.

Dances: Swing – 2 Patterns  
Fiesta Tango – 3 Patterns

**SENIOR BRONZE:** Must have passed the complete Senior Bronze Dance Test but no higher complete dance test.

Dances: Ten Fox – 2 patterns  
Fourteenstep – 4 Patterns

**JUNIOR SILVER:** Must have passed the complete Junior Silver Dance Test but no higher complete dance test.

Dances: Harris Tango – 2 Patterns  
Rocker Foxtrot – 2 Patterns

**SENIOR SILVER:** Must have passed the complete Senior Silver Dance Test but no higher complete dance test.

Dances: Starlight Waltz – 3 patterns  
Kilian – 2 Patterns

**GOLD:** Must have passed the complete Gold Dance Test

Dances: Blues – 2 Patterns  
Quickstep – 4 Patterns

## ADULT CATEGORIES

Skaters must be 25 years of age or older. Free Skate programs should meet the requirements as outlined in the Skate Canada Adult Competition Technical Package 2009 – 2010 found in the Members Login of the Skate Canada website.

The following age categories may apply to free skate and interpretive categories if there are a sufficient number of entries:

Class I	Class II	Class III	Class IV
25 – 35 years	36 – 45 years	46 – 55 years	56 years and older

All age categories may be divided, combined or altered depending on the number of registrations and at the discretion of the Technical Representative and/or the Competition Committee. Men's and Women's single categories will not be combined.

## ADULT FREE SKATE

**ADULT BRONZE FREE SKATE** Must not have passed the complete Junior Bronze Free Skate test  
Program Length: maximum 2 minutes 40 seconds

**ADULT SILVER FREE SKATE** Must have passed the complete Junior Bronze Free Skate test but not the complete Senior Bronze Free Skate test  
Program Length: maximum 3 minutes 10 seconds

**ADULT GOLD FREE SKATE** Must have passed the complete Senior Bronze Free Skate test but not the complete Junior Silver Free Skate test  
Program Length: maximum 3 minutes 40 seconds

**ADULT MASTERS FREE SKATE** Must have passed the complete Junior Silver free Skate test or higher  
Program Length: maximum 4 minutes 10 seconds

**ADULT COMPETITIVE FREE SKATE:** Must have passed a complete Competitive Singles Free Skate test  
Program Length: maximum 4 minutes 10 seconds

## **ADULT INTERPRETIVE\***

Program Length for all categories: 2.0 – 3.0 +/-10 sec

### **PRE-INTRODUCTORY ADULT INTERPRETIVE**

Must not have passed any Skate Canada Interpretive Skating test

### **INTRODUCTORY ADULT INTERPRETIVE**

Must have passed the Introductory Interpretive Skating test

### **BRONZE ADULT INTERPRETIVE**

Must have passed the Bronze Interpretive Skating test

### **SILVER ADULT INTERPRETIVE**

Must have passed the Silver Interpretive Skating test

### **GOLD ADULT INTERPRETIVE**

Must have passed the Gold Interpretive Skating test

❖ Skaters may be further divided by age and/or free skate, dance or skating skills test level at the discretion of the Technical Representative.

## **ADULT DANCE**

Dance partnerships may be comprised of two women or two men (one performing the partner's steps) or one woman and one man. Similar and mixed couples may compete against each other. Series 8 music will be used. The number of dance sequences will follow the guidelines noted in the 2009 – 2010 Adult Skate Technical Package.

**JUNIOR BRONZE ADULT DANCE** At least one partner must have passed the complete Preliminary Dance test, but not the complete Senior Bronze Dance test  
Dances: Swing Dance and Fiesta Tango

**SENIOR BRONZE ADULT DANCE** At least one partner must have passed the complete Senior Bronze Dance test, but not the complete Junior Silver Dance test  
Dances: Ten-fox and Fourteenstep

**JUNIOR SILVER ADULT DANCE** At least one partner must have passed the complete Junior Silver Dance test, but not the complete Senior Silver Dance test  
Dances: European Waltz and Harris Tango

**SENIOR SILVER ADULT DANCE** At least one partner must have passed the complete Senior Silver Dance test, but not the complete Gold Dance test  
Dances: Rocker Foxtrot and Starlight Waltz

**GOLD ADULT DANCE** At least one partner must have passed the complete Gold Dance test, or higher  
Dances: Paso Doble and Westminster Waltz

**ADULT FREE DANCE** No test prerequisites  
Dances: One free dance of maximum 3 minutes and 10 seconds  
Competitors must perform a well balanced program according to the Requirements in the 2009 – 2010 Adult Skate Technical Package found on the Members Login at [www.skatecanada.ca](http://www.skatecanada.ca)

## **ADULT PAIRS**

**OPEN ADULT PAIR** Each partner must have passed at least the Preliminary Free Skate test  
Program Length: maximum 3 minutes and 10 seconds  
Competitors must perform a well balanced program according to the requirements in the 2009 – 2010 Adult Skate Technical Package found on the Members Login at [www.skatecanada.ca](http://www.skatecanada.ca).

## ELEMENT CATEGORIES

### Open to all skaters, including Sectional Competitors

Skaters will combine the elements into a program and skate the program without music. No extra elements are allowed except connecting footwork or steps. Moves must be skated exactly as specified and may be performed in any order. There must be no turn or change of foot between jumps in combinations. A jump sequence is a series of two or more jumps in quick succession that may have turns or changes of foot between. **An axel is a single jump.** Added elements will be penalized. Skaters may use less time but not exceed the time limit. (there is no +/- 10 second leeway in this category). The entire ice surface will be used for all levels.

<b>INTRODUCTORY:</b>	Not passed any complete free skate test. Maximum time: 1.0 minute
	1) Waltz jump
	2) Toe loop jump
	3) Forward or backward upright spin
	4) Forward sit spin
	5) Field move of your choice
<b>PRE-PRELIMINARY:</b>	Not passed any complete free skate test. Maximum time: 1.0 minute
	1) Flip jump
	2) Loop jump
	3) Camel spin
	4) Forward sit spin
	5) Field move of your choice
<b>PRELIMINARY:</b>	Not passed Junior Bronze Free Skate test. Maximum time: 1.0 minute
	1) Lutz/Loop jump
	2) Flip jump
	3) Forward camel/sit spin
	4) Back spin upright
	5) Field move of your choice
<b>JUNIOR BRONZE:</b>	Not passed entire Senior Bronze Free Skate test. Maximum time: 1.5 minutes
	1) Lutz jump
	2) Axel jump
	3) Jump combination consisting of an axel and another single jump
	4) Sit change sit spin
	5) Flying camel spin
	6) Sequence of 2 field moves
<b>SENIOR BRONZE:</b>	Not passed entire Junior Silver Free Skate test. Maximum time: 1.5 minutes
	1) Axel jump
	2) Double salchow jump
	3) 1 jump combination, consisting of 1 double and 1 single jump in either order
	4) Flying camel spin
	5) Combination spin with one change of foot and at least 2 different positions
	6) Footwork sequence of any nature (straight line, circular, serpentine)
<b>JUNIOR SILVER:</b>	Not passed entire Senior Silver Free Skate test. Maximum time: 2.0 minutes
	1) Double toe loop jump
	2) Double loop jump
	3) 1 jump combination with at least one double jump
	4) Ladies – layback or sideways leaning spin    Men - crossfoot spin Men – crossfoot spin
	5) Combination spin with one change of foot and at least two different positions
	6) Footwork sequence of any nature (straight line, circular, serpentine)
<b>SENIOR SILVER:</b>	Not passed entire Gold Free Skate test. Maximum time: 2.0 minutes
	1) Double loop or double flip jump
	2) Double salchow jump
	3) 1 jump combination consisting of 2 double jumps
	4) Combination spin with 1 change of foot and at least 3 different positions
	5) Flying camel back sit spin
	6) Footwork sequence of any nature (straight line, circular, serpentine)
<b>GOLD OR OPEN</b>	Must have passed entire Gold Free Skate test. Maximum time: 2.0 minutes
	1) Axel or double axel jump
	2) Double lutz jump
	3) Jump sequence containing 2 jumps being double or triple
	4) Combination spin with 1 change of foot and at least 3 different positions
	5) Any flying spin
	6) Field move of your choice
	7) Footwork sequence of any nature (straight line, circular, serpentine)

**ATTENTION**  
**ALL COMPETITIVE SKATERS**

**COS**  
**ON-SITE COMPETITIVE**  
**TESTING**

At  
**SCARBORO SKATE**

April 23 -25, 2010

**TRY YOUR TEST WHILE YOU COMPETE IN YOUR CATEGORY!!**

Skate Canada has approved a policy whereby a competitor can compete in the competition and try a competitive test at the same time!

Skate Canada well balanced program criteria will apply to every test. Separate applications must be submitted; one for the competition and one for the test (see attached test application). Keep in mind that the test you wish to try must correspond to the event you enter, i.e. if you wish to try your Novice Competitive Test you must be entered into the Novice Competitive category.

There will be a Test Chairperson assigned to manage all the tests on-site at the competition. You will be contacted only if your application cannot be serviced.

**REGISTRATION FEE:** \$40.00 per skater  
Cheque payable to Skate Canada - Central Ontario  
*A separate cheque must be provided for the test fee and competition fee.*

**RECEIVED BY:** MARCH 10, 2010

**REFUNDS AND WITHDRAWALS:** Full refunds will be given for any cancelled categories. If an entry is withdrawn prior to MARCH 10, 2010, a refund (less an administrative fee of \$10.00 per skater) will be granted.

**NOTE: NO REFUNDS will be granted after MARCH 10, 2010.**

Please complete the Test Application form below. A letter of permission from your home club must be included.

Return to:  
SCARBORO SKATE REGISTRAR  
Wayne Brooks, Registrar  
31 Gunton Drive  
Etobicoke, Ontario  
M9W 3H3  
416-749-6553  
E-mail: [waynebrooks@sympatico.ca](mailto:waynebrooks@sympatico.ca)



# COS ON-SITE COMPETITIVE TESTING

## APPLICATION FORM

PLEASE PRINT OR TYPE ON COMPUTER

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_ PHONE #: \_\_\_\_\_ MALE/FEMALE: \_\_\_\_\_

SC # \_\_\_\_\_ HOME CLUB: \_\_\_\_\_ CLUB #: \_\_\_\_\_

HOME CLUB MAILING ADDRESS: \_\_\_\_\_

OFF SEASON SCHOOL: \_\_\_\_\_

COACH NAME: \_\_\_\_\_ PHONE # \_\_\_\_\_

COACH ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

POSTAL CODE \_\_\_\_\_ COACH NCCP #: \_\_\_\_\_ COACH SC # \_\_\_\_\_

COACH SIGNATURE OF APPROVAL: \_\_\_\_\_

(COACH MUST SIGN)

NAME OF PARTNER: \_\_\_\_\_ WILL PARTNER BE TRYING TEST?  YES  NO  
(WHERE APPLICABLE)

TEST TO BE TRIED:

SINGLES	TEST <i>check</i>	Total Fee
Juvenile		
Pre-Novice		
Novice		
Junior		
Senior		
<b>Total Fee</b>		

PAIR	Free <i>(check)</i>	Total Fee
Juvenile		
Pre-Novice		
Novice		
Junior		
Senior		
<b>Total Fee</b>		

DANCE	Free Dance <i>(check)</i>	Total Fee
Novice		
Junior		
Senior		
<b>Total Fee</b>		

(FEE: \$40.00 per skater) - \$20 test fee \$20 administration fee per skater

RECEIVED BY: **MARCH 10, 2010**

**REFUNDS AND WITHDRAWALS:** Full refunds will be given for any cancelled categories. If an entry is withdrawn prior to March 10, 2010, a refund (less an administrative fee of \$10.00 per skater) will be granted. ***NOTE: NO REFUNDS will be granted after March 10, 2010.***

MAIL: - APPLICATION  
- CHEQUE payable to SKATE CANADA - CENTRAL ONTARIO (Separate cheque for competition entry fee)  
- HOME CLUB'S LETTER OF PERMISSION

TO: SCARBORO SKATE REGISTRAR  
Wayne Brooks, Registrar  
31 Gunton Drive,  
Etobicoke, Ontario  
M9W 3H3

Skate Canada well balanced program criteria guidelines will apply. Applications will be processed on a first received basis. You will be contacted only if your application cannot be processed. Competition and test applications may be mailed together (separate cheques for competition entry fee and test fee)



**PERMISSION TO TRY TESTS AT  
SCARBORO SKATE 2010**

This letter of permission must accompany the application form for on-site testing at SCARBORO SKATE 2010 competition.

Received by: **March 10, 2010**

This is the certify that \_\_\_\_\_

Skate Canada # \_\_\_\_\_ is a member in good  
standing of the \_\_\_\_\_ club and Club # \_\_\_\_\_.

He/She has permission to try \_\_\_\_\_ test(s) at

Scarboro Skate on April 23 – 25, 2010.

Signature of Home Club Test Chairperson: \_\_\_\_\_

*Date approval given:* \_\_\_\_\_

